



August 2017 Newsletter

melrosegardens.com

The Garden Gate Swings Open

by Ron Villacis, Executive Director



Summertime and the living is oh-so-easy at Melrose Gardens. With our gorgeous front porch and stunning marble entry leading into the airy living room, we know how to party!

Our **Summer Jazz Festival** is always a big hit. This year the Jazz Band Trio Odyssey of piano, bass and drums brought us a fantastic performance with New Orleans/Big Easy style jazz. They played tunes by Nina Simone, Louis Armstrong and others that had residents tapping their feet and bopping along. Our residents treasure their days filled with soulful music, and our doors are

always open to share these moments with our community. Be sure to join us for our next free concert!

Seniors love to party, and what could be better on a toasty summer afternoon than a good **Hawaiian Luau**? We'll be serving Hawaiian fruit punch, tropical pastries and desserts, Hawaiian BBQ style foods like pork and mango skewers, teriyaki chicken skewers, bacon-wrapped pineapple and more. Come dressed in your most festive Hawaiian-themed attire to enter in our door prize raffle. Not to worry, we'll give you a traditional flower-lei necklace in any event, and even if you don't have a grass skirt, there will be one around the table. *Hele mei hoohiwahiwa*, which means Come celebrate! Hula time is 2 p.m. August 26.

In July we celebrated resident **Claire Avitable's 99th birthday!** Just think, the year she was born, World War I was just ending, Woodrow Wilson was president, and the U.S. established the world's first airmail postal service. Claire has seen a lot in her near-century of life! We wish her health and happiness in the coming year.

Please join us for our upcoming events!

Warmly,
Ronald Villacis, Executive Director

What's Inside...

Gardening



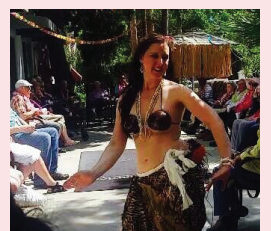
Outings



Concert Series



Hawaiian Luau





Please be sure to attend our **Special Music Concerts** in August.

8/05	Piano Concert w/Dallas	2:00 p.m.
8/06	Violin Concert w/Yasha	2:00 p.m.
8/12	Guitar Concert w/Stan	2:00 p.m.
8/13	Concert w/Julia	2:00 p.m.
8/19	Concert w/Ronnie	2:00 p.m.
8/20	Concert w/Irby	2:00 p.m.
8/24	Music Around the World w/Nick and Ayeme	3:30 p.m.
8/25	Sound Healing with Jahrazhen	2:00 p.m.
8/26	Hawaiian Luau	2:00 p.m.
8/27	Concert w/Mete Tasin & Larysa	2:00 p.m.
8/31	Jackie and Mike Comedy Show	3:30 p.m.

Gardening at the Cottages

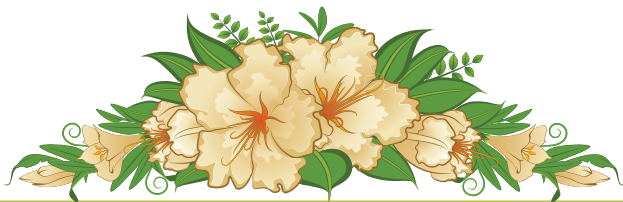
Rediscovering our senses

Remember how much fun it was as a child to dig in a sandbox? As adults that urge becomes gardening, and it continues to be a source of pleasure for those who may not remember it, but still enjoy the activity.



Our memory care residents prefer to plant herbs such as rosemary, sage and basil for their aromatherapy effect. While helping to beautify their outdoor space,

they're getting mental and physical benefits, like physical exercise and better sleep. Plus research shows that activities that engage the senses provide those with Alzheimer's positive emotions they may no longer experience regularly. Gardening therapy engages all of the senses, and can help people with Alzheimer's rediscover their world.



Monthly Birthdays

Celebrate on Thursday, August 17 at 1:00 p.m.

Ronnye Bishop	8/04
Barbara Gilden	8/04
Ann Sterling	8/04
Iris Jackson	8/21



Religious Services and Study

Catholic Mass - Sundays at 9:00 a.m.
 Shabbat Services - Fridays at 4:15 p.m.
 Church Services - Saturdays at 10:00 a.m.



Monday, August 14
Farmer's Market

This world famous outside market and historic LA landmark offers over 100 vendors including gourmet grocers, produce vendors, restaurants, tourist shops, and ready-to-eat foods including many ethnic foods.



Monday, August 21
Scenic View w/Abe

Enjoy a delightfully scenic drive through Beverly Hills to the Greystone Mansion and it's surrounding grounds. The City of Beverly Hills purchased the property in 1965, and primarily use the grounds for its reservoir of water. They have also dedicated it as a public park, and it is listed in the National Register of Historic Places. It is Beverly Hills Local Historic Landmark No. 4.



Monday, August 28
Stroll-Worthy Plummer Park

Join us for a visit to this West Hollywood park on the eastern side of the city. Every Monday morning also features a farmers' market. The Los Angeles Audubon Society had also been headquartered in Plummer Park, but had to move in 2011 as a part of a \$41 million park renovation.

Concert Series

Sunday, August 27 at 2:00 p.m.



Next up in our Concert Series we'll be featuring singer Larissa and special guest tenor Mete Tasin on August 27 at 2 p.m. Tasin is an internationally known performer whose

repertoire spans opera, classics, theater, pop and standards, in both Italian and English. Sometimes compared to Andrea Bocelli, he has collaborated with well-known conductors such as Joan Dornemann from the Metropolitan Opera, and many others. You won't want to miss this stunning free performance!

Hawaiian Luau

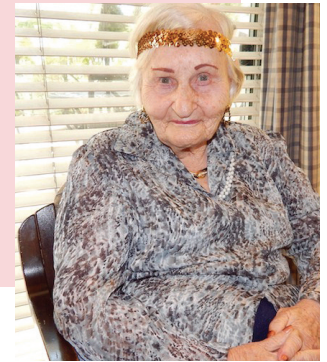
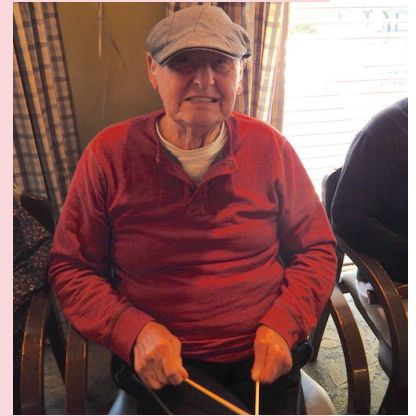
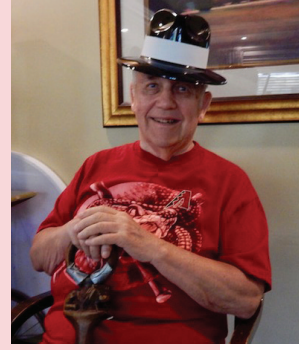
Tiki Time begins at 12:30 p.m.

August is traditionally the month to celebrate when Hawaii became a state, because it was on August 21, 1959 that it became the 50th state. We will be marking that occasion with a Polynesian lunch, music and dancers, so be sure to wear your grass skirt and Hawaiian shirts and join us.

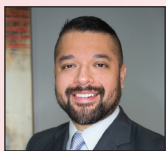
Saturday, August 26



Thanks for the memories!



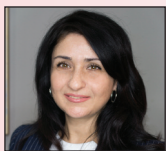
Introducing... Our Staff



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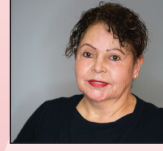
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